

Voluntary Action Center Community Resource Guide Addendum- July 2015

**This addendum to the Voluntary Action Center Resource Guide was compiled in July 2015 by the Boone County Schools Mental Health Coalition staff. The programs included in this supplement are recipients of funds from the Boone County Children's Services Fund.

The Boone County Schools Mental Health Coalition



Agency Name	Burrell Behavioral Health: Family Health Program
Phone	573-777-8330
Address (es)	3401 Berrywood, Suite 203; Columbia, MO 65201
Email	N/A
Fax	573-777-8380
Website	www.burrellcenter.com
Head of Program	Rachel Jones
Hours	Business hours flexible for case management M-F 8-5.
Services	The Family Health Program serves children and young adults ages 2 to 20 who have social-emotional and behavioral concerns or are at-risk of developing a mental health complication.
Fee	N/A
Eligibility	Open to public ages 2-20 years old
Intake Procedures	Contact Burrell and schedule initial appointment for screening to determine youth's specific needs.
Documents Needed	N/A
Geographic Area	Boone County
Foreign Languages	N/A
Other Information	N/A

Agency Name	Burrell Behavioral Health: The Brain Train Program
Phone	573-777-8401
Address (es)	3401 Berrywood, Suite 203, Columbia MO, 65201
Email	N/A
Fax	573-777-8380
Website	www.burrellcenter.com
Head of Program	Marlene Howser
Hours	Monday, Wednesday and Friday 8-5, Tuesday and Thursday 10-7
Services	The Brain Train utilizes wireless technology that reads brain activity and allows the student to control computer video charts by mind alone. The program has a full behavioral shaping feature that works off positive reinforcement. Students witness a direct relationship between attention and behavior.
Fee	N/A
Eligibility	Open to public ages 5-20
Intake Procedures	Contact Burrell and schedule initial appointment
Documents Needed	N/A
Geographic Area	Boone County
Foreign Languages	N/A
Other Information	It takes an average of 40 hours of training over multiple weeks before results become permanent.

The Boone County Schools Mental Health Coalition



Agency Name	Center for Evidence-Based Youth Mental Health: Clinician Training, Consultation & Referral Directory
Phone	(573) 882-4007
Address(es)	MU Psychological Services Clinic, 211 S. 8th Street, Columbia, MO 65211
Email	youthmentalhealth@missouri.edu
Fax	N/A
Website	http://youthmentalhealth.missouri.edu/training.html
Head of Program	Kristin Hawley, Ph.D.
Hours	Training times vary; consult website for specific dates and times. Consultation arranged on an individual basis
Services	Training program: Provide ongoing training, consultation, support and data-based feedback to any clinician to help support them to provide high-quality care. Provide a full semester-long course each year, 4 workshops per year, weekly individual CBT consultation, biweekly Peer Learning Collaborative, and online confidential therapy tracking and feedback.
Fee	All training and support services are free
Eligibility	Any direct practice clinician or agency serving Boone County residents.
Intake Procedures	N/A
Documents Needed	N/A
Geographic Area	Boone County
Foreign Languages	N/A
Other information	CEUs are available for selected trainings. Please contact staff for more information.

Agency Name	Columbia/Boone County Department of Public Health and Human Services: Healthy Families America (HFA)
Phone	573-874-6331
Address(es)	1005 W. Worley, P.O. Box 6015, Columbia, MO 65203
Email	salillar@gocolumbiamo.com
Fax	N/A
Website	http://gocolumbiamo.com
Head of Program	Sandi Lillard
Hours	Nights & weekends available
Services	HFA is a prevention program focused on promoting positive parent-child interactions, family health, optimal child development, and enhanced family functions. HFA works with moms in their first or second trimester of pregnancy through age 3. Provides prenatal support, medication management, resource referrals, parent education, early intervention and developmental screenings
Fee	Free
Eligibility	185% poverty level, must be in first or second trimester of pregnancy and have less than 4 years of a college education.
Intake Procedures	Referrals made through Public Health Dept. Clinic
Documents Needed	N/A
Geographic Area	Boone County
Foreign Languages	Spanish
Other information	

The Boone County Schools Mental Health Coalition



Agency Name	Columbia/Boone County Department of Public Health and Human Services: Teen Outreach Program (TOP)
Phone	573-874-6331
Address(es)	1005 W. Worley, P.O. Box 6015, Columbia, MO 65203
Email	meriefe@gocolumbiamo.com
Fax	N/A
Website	http://gocolumbiamo.com
Head of Program	Michelle Shikles, MPH, CHES, Public Health Promotion Supervisor
Hours	School hours
Services	Coed, in-school 6th-12th grade groups- weekly after school program (25 hours of curriculum per school year), Community Service Learning Activity (20 hours per school year) led by trained facilitator, Positive Youth Development lessons: goal setting, values, relationships, human sexuality, conflict resolution, smoking cessation.
Fee	Free
Eligibility	School counselor referrals
Intake Procedures	Pre-assessment, Developmental Asset Survey (pre/post)
Documents Needed	Permission slips, Schools Transcript
Geographic Area	Rockbridge, Hickman, Battle, Jefferson MS, Oakland MS, Harrisburg HS and MS
Foreign Languages	N/A
Other information	N/A

Agency Name	Columbia Housing Authority: Healthy Home Connections
Phone	573-443-2556
Address(es)	201 Switzler Street, Columbia, MO 65203
Email	Bmarkt@columbiaha.com
Fax	573-443-0051
Website	http://www.columbiaha.com
Head of Program(s)	Becky Markt, Director of Resident Services
Hours	Monday-Friday, 8am-5pm
Services	Collaboration between Big Brothers Big Sisters, Family Counseling Center, & Services for Independent Living. Each family is assigned a Family Support Specialist who provides tailored services: daily living assessments, referrals to community resources, case management and coordination, follow-up with families after referrals have been made.
Fee	Free
Eligibility	Any family with school-aged children residing in Boone County and receiving Housing Choice Vouchers.
Intake Procedures	Contact assigned Housing Manager.
Documents Needed	Multi-release form where documents can be accessed via the schools.
Geographic Area	Boone County
Foreign Languages	Interpreters available
Other information	

The Boone County Schools Mental Health Coalition



Agency Name	Columbia Housing Authority: Moving Ahead Program for Mental Health (MAP4)
Phone	573-443-2556
Address(es)	201 Switzler Street, Columbia, MO 65203
Email	Bmarkt@columbiaha.com
Fax	573-443-0051
Website	http://www.columbiaha.com
Head of Program(s)	Becky Markt, Director of Resident Services
Hours	M– F after school (3:30 – 6:30) and 8- 5 during the Summer Session
Services	Collaboration between Big Brothers Big Sisters, Family Counseling Center, & Services for Independent Living. FCC provides a “Family Life Coach” at the after-school program who provides wraparound services, referrals to community resources, Individual Service Plans, and Daily Living Assessments. Family Life Coach interfaces with schools to further wraparound services. Big Brothers Big Sisters provides on-site one-on-one mentoring.
Fee	Free
Eligibility	At-risk/low income students- k-8 th grade
Intake Procedures	Waiting list (60 spots available in program)
Documents Needed	CHA has a multi-release form where documents are accessed through schools.
Geographic Area	Columbia (must be enrolled in one of the Columbia Public Schools)
Foreign Languages	N/A
Other information	Application can be picked up at the J.W. “Blind” Boone Community Center

Agency name	Central Missouri Community Action (CMCA): Building Resilience through Interdisciplinary, Developmentally Guided Engagement
Phone	573-443-8706
Address(es)	807-B North Providence Rd., Columbia, MO 65203
Email	darin-preis@showmeaction.org
Fax	573-875-2689
Website	http://www.showmeaction.org/services/head-start
Head of Agency	Darin Preis
Hours	Arranged
Services	The Building Resilience Through Interdisciplinary, Developmentally Guided Engagement (Bridge) program provides services for graduates of Head Start families in school age grades. The program provides a Home Works training model where teachers provide home visits with parent partners who serve as liaison support during visits. Parents are provided incentives for participation and the program works to increase attendance, parent/teacher engagement, teacher/student resiliency and decrease office discipline referrals.
Fee	Free; incentives built in; teachers are paid a stipend
Eligibility	All Boone County Head Start students are eligible to participate in services
Intake Procedures	Call agency to inquire
Documents Needed	Documentation for agency and waivers for release of information with schools
Geographic Area	Columbia Only
Foreign Languages	As needed
Other information	Reference the full Voluntary Action Center resource guide further description of services.

The Boone County Schools Mental Health Coalition



Agency Name	Family Counseling Center: Boone County Parachute Program
Phone	573.499.4779, ext. 7073
Address(es)	403 Dysart Street, Columbia, MO. 65201
Email	kcade@fccmo.org
Fax	573-499-4851
Website	www.fccmo.org
Head of Agency	Vinita Khana, Regional Director Karen Cade, FCC President
Hours	24 hours/day
Services	The Parachute Program provides Evidence-Based mental health, substance abuse and group educational services for youth to help them make healthier choices.
Fee	None
Eligibility	A referral must be initiated by the Juvenile Office.
Intake Procedures	A referral is made by the Juvenile Office along with a consent to treat and release of information. A meeting is scheduled at the Juvenile Justice Center, to complete the intake process.
Documents Needed	Referral form from the Juvenile Office and proof of county residence.
Geographic Area	Boone County
Foreign Languages	Interpreters are available
Other information	Additional substance abuse, mental health services and case management may be provided through contacts with the MO Department of Mental Health.

Agency Name	Great Circle: Early Assessment and Intervention Services for Outcomes Now
Phone	573-819-0496
Address(es)	409 Vandiver West, Bldg. 6, Suite 102A, Columbia. MO 65202
Email	neal.yates@greatcircle.org
Fax	N/A
Website	http://www.greatcircle.org
Head of Agency	Neil Yates EAI'S ON Coordinator
Hours	M-F. 8am-5pm. Evenings available
Services	Brief, solution-focused: 120 days, 3-4 months. Substance Abuse Counseling and Individual Therapy (at Great Circle, collaboration with Preferred Family Healthcare at Vandiver office). Family/Group Decision Making Program (in-home, plan for reunification, family and individual counseling, conflict mediation). Referral to community resources
Fee	Free
Eligibility	Must reside in Boone County, for families with children up to age 19 who are at-risk for child abuse or neglect.
Intake Procedures	Self-refer or professional referral via referral form to eais.on@greatcircle.org
Documents Needed	If in foster care system, require foster care placement provider sheet.
Geographic Area	Boone County
Foreign Languages	Interpreters available.
Other information	Also referred to as "EAI's ON"

The Boone County Schools Mental Health Coalition



Agency Name	Lutheran Family and Children's Services: Nurturing Network Program
Phone	573.815.9955
Address(es)	401 West Boulevard N. Columbia, Missouri 65203
Email	heatherw@lfcs.org
Fax	573.449.4640
Website	www.lfcs.mo.org
Head of Agency	Heather Wall, Regional Director of Columbia office
Hours	8:30-5pm/ available evenings and Saturdays by appointment
Services	Case mgmt. including direct/indirect services: counseling, parenting and life skills curriculum, financial/material assistance. Can receive free counseling from a contract therapist as needed.
Fee	Free
Eligibility	One child under the age of 5 and live in Boone county
Intake Procedures	phone referral/email referral
Documents Needed	photo ID
Geographic Area	Boone County
Foreign Languages	English/ access to translators as needed
Other information	

Agency Name	MU Psychological Services Clinic: Diagnostic Evaluations
Phone	(573) 882-4677
Address(es)	MU Psychological Services Clinic, 211 S. 8th Street, Columbia, MO 65211
Email	wallere@missouri.edu
Fax	N/A
Website	http://youthmentalhealth.missouri.edu
Head of Program	Erika Waller, Ph.D
Hours	M: 9am-7pm; T: 9am-8pm; W: 9am-8pm; H: 9am-8pm; F: 9am-5pm
Services	Brief assessment and diagnostic session to provide appropriate diagnoses and recommendations for youth mental health concerns. Evaluation includes: social background history, interview, electronic and paper measures for parents and adolescents, structured diagnostic interviewing assessing DSM-V disorders, and teacher report measures (if applicable).
Fee	Uninsured: Fee assistance that goes down to \$5/session; Medicaid: \$0; Private insurance: Regular copay fee
Eligibility	Boone County residents ages 2-19
Intake Procedures	Call main clinic phone number to schedule appointment
Documents Needed	Appropriate insurance cards if insured
Geographic Area	Boone County
Foreign Languages	N/A
Other information	We will happily refer you to an agency best suited to meet your needs.

The Boone County Schools Mental Health Coalition



Agency Name	MU Psychological Services Clinic: Evidence-Based Psychosocial Therapy
Phone	(573) 882-4677
Address(es)	MU Psychological Services Clinic, 211 S. 8th Street, Columbia, MO 65211
Email	hawleyk@missouri.edu
Fax	N/A
Website	http://youthmentalhealth.missouri.edu
Head of Program	Kristin Hawley, Ph.D. & Erika Waller, Ph.D.
Hours	M: 9am-7pm; T: 9am-8pm; W: 9am-8pm; H: 9am-8pm; F: 9am-5pm
Services	Evidence-Based psychosocial treatment services provided within the MU Psychological Services Clinic to treat a variety of mental health concerns. Funds support the expansion of current services and include no waitlist. Clinicians work as part of a treatment team to provide Evidence-Based services.
Fee	<u>Uninsured:</u> Fee assistance that extends to \$5/session <u>Medicaid:</u> \$0 <u>Private insurance:</u> Regular copay fee
Eligibility	Boone County residents ages 4-19
Intake Procedures	Call main clinic phone number to schedule appointment-- Must complete Diagnostic Evaluation & Feedback Session before receiving Evidence-Based Psychosocial Therapy.
Documents Needed	Appropriate insurance cards if insured
Geographic Area	Boone County
Foreign Languages	N/A
Other information	

Agency Name	MU Psychological Services Clinic: Multisystemic Therapy (MST)
Phone	(573) 882-4740
Address(es)	MU Psychological Services Clinic, 211 S. 8th Street, Columbia, MO 65211
Email	BorduinC@missouri.edu
Fax	N/A
Website	N/A
Head of Program	Charles Borduin, Ph.D.
Hours	N/A
Services	Referrals for services must be received directly from Juvenile Office: Intensive home and community based care to juvenile offenders and their families.
Fee	Free
Eligibility	Services reserved for juvenile offenders with current juvenile officer
Intake Procedures	Referrals must be submitted through Juvenile Officer (JO) to Dr. Charles Bourduin.
Documents Needed	N/A
Geographic Area	Boone County
Foreign Languages	N/A
Other information	This service is consistent with previously existing multi systemic therapy (MST) provided in Boone County.

The Boone County Schools Mental Health Coalition



Agency Name	Phoenix Health Programs: Creating Lasting Family Connections (CLFC)
Phone	573.875.8880, ext. 2115
Address(es)	901 E. Leslie Lane, Columbia, MO. 65202
Email	kharris@phoenixhealthprograms.com (Kara Harris)
Fax	573.442.3830
Website	www.phoenixhealthprograms.com (also find us on Facebook)
Head of Program	Michael Trapp
Hours	Groups meet on Wednesday, 5:30-7:00pm
Services	Screening and classes to create a more positive family environment to help families worried about their child's emotional well-being; suspect or know their child is using alcohol, tobacco or other drugs and there is concern that the child will too. Groups will focus on prevention and help the child develop positive coping skills while gaining better understanding of effective ways to share information on making choices about alcohol and other drugs.
Fee	Free
Eligibility	Help for Boone County families with children ages 9-21
Intake Procedures	Contact Kara Harris at Phoenix Health Programs to schedule an intake appt
Documents Needed	Proof of Boone County residency
Geographic Area	Boone County
Foreign Languages	as needed
Other information	CLFC presents proven strategies for parents to <i>influence</i> their children's choices about alcohol and other drugs.

Agency Name	Project Launch: Early Childhood Positive Behavior Support (EC-PBS)
Phone	(573) 882-8006
Address(es)	MU School of Medicine Psychiatry Department, One Hospital Drive, Columbia, MO 65212
Email	youngwalkerl@health.missouri.edu
Fax	573-882-3054
Website	http://www.isyourchildhappy.org
Head of Agency	Dr. Laine Young Walker (Principal Investigator)
Hours	N/A
Services	Program-wide coaching/behavioral consultation and training for early childhood facilities and teachers.
Fee	N/A
Eligibility	Childcare providers in Boone County are eligible
Intake Procedures	N/A
Documents Needed	Childcare providers take part in a comprehensive program evaluation that includes the completion of teacher and child questionnaires and rating scales.
Geographic Area	Boone County
Foreign Languages	N/A
Other information	EC-PBS originated under Boone County Project LAUNCH; the project is fully funded by the Children's Services Fund effective September 30, 2015. To gain a better understanding of what services are offered, contact the principal investigator.

The Boone County Schools Mental Health Coalition



Agency Name	Rainbow House: Homeless Youth Program
Phone	573-474-6600
Address(es)	1611 Towne Drive, Columbia, MO 65202
Email	mkirchhoff@rainbowhousecolumbia.org
Fax	573.474.5992
Website	www.rainbowhousecolumbia.org
Head of Agency	Mark Kirchhoff
Hours	24-7
Services	Transitional living program (for youth ages 16-21) who are homeless, or at risk for homelessness, due to unfavorable or abusive situations occurring in their current environment. The transitional living program and teen emergency shelter requires participation in educational or vocational situations and offers supportive services such as counseling, life skills training, mentoring and linkage to partnering organizations.
Fee	No fee
Eligibility	ages 16-21
Intake Procedures	Phone call (573.818.8288). Self-referral, school, agency.
Documents Needed	As needed
Geographic Area	Open
Foreign Languages	Interpreters available
Other information	

Agency Name	Thompson Center for Autism and Neurodevelopmental Disorders: University of Missouri Assessment & Consultation Clinic Mental Health Screening
Phone	573-884-6052 or 1-888-720-0015 (toll-free)
Address(es)	University of Missouri, 205 Portland Street, Columbia, MO 65211
Email	ThompsonCenterReferralTeam@missouri.edu
Fax	573-884-8529
Website	http://thompsoncenter.missouri.edu
Head of Agency	Andy Knoop, Ph.D and Stephen Kanne Ph.D, Executive Director
Hours	8:00-5:00 M-F
Services	Services include mental health diagnostic evaluations that span a range of mental health concerns for children and youth ages 3-19
Fee	Private insurance accepted; payment options discussed at time of referral.
Eligibility	Children ages 3-19; specific age ranges may differ by evaluation type.
Intake Procedures	Referrals should be submitted by a physician or mental health professional using the referral form located at the web address above
Documents Needed	Current health insurance cards, forms will be mailed to parents or guardians to be completed prior to initial appointment.
Geographic Area	Boone County
Foreign Languages	Access to interpreters for most languages in clinic and via video conference.
Other information	Diagnostic evaluations are NOT limited to Autism Spectrum Disorder only.